



Bamboo Sunrise

PRTF/QRTP/SFC

PRESENTATION

Who is Bamboo Sunrise?

Established in 2011

Shirley Holdeman, CEO

- Former Specialized Foster Parent
 - 10 Youth Parole or JJ Boys 13-18 Years
 - Single Parent Household
 - Heralds from Philippines

Michael Flynn, Director

- Former Child of the System
- Adopted 1970 from Catholic Social Services
- Blended Family with 9 youth (1 Fictive Kin)
- Reunited with Bio-Family in 2016
- 3 Youth are Special Needs



Bamboo Sunrise Mission

Bamboo Sunrise is dedicated to the development and support of safe, nurturing families who promote resilience and permanency for children in our community.

Bamboo Sunrise Vision

A vibrant system of care known for exceptional standards, chosen for excellence in service, and standing in partnership with its community, children, families, and employees to improve the emotional, physical, and social well-being of all communities served.

What do we know...

- ▶ Bamboo Sunrise has always seen care as a multidisciplinary approach
 - ▶ Mental Health (Therapy)
 - ▶ Medical Health (Physical Wellbeing)
 - ▶ Holistic Approach (Mind, Body, Soul)
 - ▶ Educational Approach (Educational Wellbeing)
 - ▶ Behavioral Approach (Social Wellbeing)
 - ▶ Educational Approach (Educational Wellbeing)



What Supports does Bamboo Sunrise Offer?



- ▶ Multidisciplinary Team of Professionals
 - ▶ Full Scale Medical Staffing through Bamboo Family Clinic, LLC
 - ▶ Full Psychiatric/Medication Management through Nevada Mental Health
 - ▶ Full Care Coordination Team
 - ▶ Behavioral Health Specialists
 - ▶ Support Staff
 - ▶ On-Site Med-Techs (10)
 - ▶ Holistic Interventions and Approaches through Optima Wellness

Medical Staffing

- ▶ All Medical Staff are Licensed Professionals (LPN/RN/APRN's)
- ▶ Health and Wellness Appointments are done On-Site
- ▶ All medication delivery for PRTF is handled by Licensed Professionals
- ▶ Building out Medical Clinic to support all staff and youth on-campus
- ▶ 24/7 Medical Coverage



Psychiatric Medication Management



- ▶ Supplied by Nevada Mental Health
 - ▶ Largest Child and Adolescent Psychiatric Group in Nevada
 - ▶ Focus is to Raise the Standards in Psychiatric Medication Management
 - ▶ Contracted with Bamboo Sunrise
 - ▶ Medical Director Services
 - ▶ Meet at minimum 1x per week
 - ▶ Direct Care Services
 - ▶ Meet with Youth and Providers at Minimum 1-2x per week
 - ▶ Ongoing and Daily Communication with Staff and Nursing Division

Holistic Approach

- ▶ On-Site Holistic Practitioners through Optima Wellness Centers
- ▶ Dependent on Enrollment in Programs PRTF and QRTP
- ▶ Group and Individual Activities
- ▶ Activities Include:
 - ▶ Heart Math for Self-Regulation
 - ▶ Reiki for Meditation and Emotional Regulation
 - ▶ Alpha Stim for Preparedness and Emotional Regulation
 - ▶ Trauma Recovery Yoga for Meditation and Self-Regulation
 - ▶ Aromatherapy and other individualized supports...



Our Approach to Specialized Foster Care

- ▶ 16 Family Homes Serving 77 Youth
- ▶ Families Complete 143 hours of Trauma Training in First 365 days
- ▶ Trained in a Trauma Informed Approach to Behaviors
 - ▶ Recognizing a Behavior is a Trauma Response
 - ▶ Meeting the Youth where they are:
 - ▶ Medically
 - ▶ Emotionally
 - ▶ Behaviorally
 - ▶ Socially
 - ▶ Educationally
- ▶ Focus is keeping children in families/homes
- ▶ First Line of Referrals from PRTF/Q RTP Settings



How do we apply what we know?

- ▶ Care Coordination/Family Management (Targeted Case Management)
 - ▶ Plan of Care (POC)
 - ▶ First 2-3 weeks of care
 - ▶ Our approach to care (Mental, Behavioral, Medical, Emotional, Social, Education)
 - ▶ Helps us know what the team and youths' expectations are while in programming
 - ▶ Child and Family Team Meetings
 - ▶ Youth is and must be present
 - ▶ In person is preferred
 - ▶ POC is First in Series all subsequent meetings are held on 30-day intervals
 - ▶ Planning for Discharge
 - ▶ Starts on Day One of Admittance
 - ▶ Approach is to work with family and all team members for best outcomes

PRTF and QRTP Differences from SFC

- ▶ PRTF Offers a Medically Necessary Intervention
 - ▶ Unlocked Facility (Looking into Semi-Locked)
 - ▶ Professional Approach with Medical Oversight
 - ▶ Psychiatric Medical Oversight is 24/7 On-Call if needed
 - ▶ LPN/RN's On-Site 24/7
 - ▶ APRN's available as needed and for orders
 - ▶ Mental Health Professionals (MFT/CPC, Interns) at Minimum 8 Hours/Day
 - ▶ Behavioral Specialists (Degreed Professionals) On-Site or Available 24/7
 - ▶ Support Staff as needed
 - ▶ Holistic Services 3-4 times per week
 - ▶ Occupational Therapy As Needed

PRTF and QRTP Differences from SFC (cont.)

- ▶ QRTP Offers Semi-Medically Necessary Interventions
 - ▶ Nursing Staff Available 24/7
 - ▶ Psychiatric Medication Management (Various Resources Currently)
 - ▶ Mental Health Professionals (MFT/CPC, Interns)
 - ▶ On-Site at Minimum 8 Hours/Day
 - ▶ Behavioral Specialists On-Site 24/7
 - ▶ Support Staff as Needed
 - ▶ Holistic Services at least 2-3 times per week
 - ▶ Occupational Therapy As Needed

Specialized Foster Care (SFC) Supports

- ▶ Family Homes Only
 - ▶ Mental Health Intervention – Minimum 1x per week
 - ▶ Behavioral Specialists (As Needed up to 40 hrs./Month)
 - ▶ Support Staff as needed
 - ▶ Family Medical supported through Bamboo Family Clinic
 - ▶ On-Site at Main Offices
 - ▶ Occupational Therapy
 - ▶ Referral to IOP or PHP as needed

Options for Youth

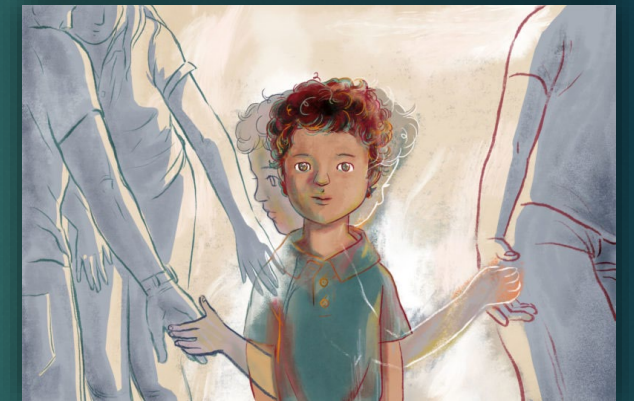
Bamboo Sunrise has built out a multitude of resources for youth.

- ▶ Psychiatric Residential Treatment Facility (PRTF)
 - ▶ 6 Beds for 13–18-year-old Male Only
 - ▶ Open
 - ▶ 2 of 6 Beds Full
 - ▶ 6 Beds for 7–12-year-old Male **Waiting on Construction**
 - ▶ 6 Beds for 7–12-year-old Females **Waiting on Construction**
- ▶ Qualified Residential Treatment Program (QRTP)
 - ▶ 12 Beds for 13–18-year-old Males Only (Currently 8 youth placed)



Cooperation with Government

- ▶ Working Closely with DCFS and DFS Clark
- ▶ DCFS, under the guidance of Marla McDade Williams
 - ▶ Exceptional Partnership
 - ▶ Striving for Solutions Focused Thinking
- ▶ DFS Clark, under guidance of...
 - ▶ Jill Marano, Director
 - ▶ Patrick Barkley, Assistant Director
 - ▶ Exceptional Partnership
 - ▶ Fluid Situation around youth coming into PRTF/Q RTP
 - ▶ Focused on Education Staff and Placement



What the PRTF isn't...

- ▶ Not an Emergency Shelter
- ▶ Youth must be rehabilitative (Must Meet Medicaid Eligibility)
- ▶ 90 Days to 6 Month stay
- ▶ Rehab to QRTP Setting or SFC if qualifies
- ▶ Open Door (Appointments must be made to see youth)
 - ▶ Designed to not disrupt daily routines and programming
- ▶ No Junk Food Allowed
 - ▶ We believe diet is essential to the mental, physical and behavioral health of those we serve

What the PRTF is...

- ▶ A rehabilitative environment focused on 90 Day to Discharge Planning
- ▶ Utilize a Zone Program
 - ▶ Youth earn days not points based on the following:
 - ▶ Behaviors in all Milieus
 - ▶ Educational Behaviors and Advancement
 - ▶ Social Ability and Stability
 - ▶ Engagement with Programming
 - ▶ Earn increased Privileges
 - ▶ Once they reach Zone 6 they are ready to transition to QRTP/SFC Setting
 - ▶ QRTP Programming is similar with additional

Questions or Concerns?

